

ability or injury received in the line of duty; or are still on active duty; or applying for survivor's benefits and the veteran died while on active duty.

Soldiers cannot receive credit for these special extra earnings if they are already receiving a federal benefit based on the same years of service. There is one exception, if they were on active duty after 1956, they can still get the special earnings for 1951 through 1956, even if they are receiving a military retirement based on service during that period. For additional information, visit the Social Security Web site at <http://www.socialsecurity.gov/retire2/military.htm#2002>.

### Speed dating

Is love in the air, come to speed dating at the Centennial Club Jan. 26 from 7 to 11 p.m. Meeting new people doesn't have to be intimidating. Mingle with a new friend in a safe, friendly environment every five minutes. Enjoy extremely low drink prices, and don't forget a valid ID card. Registration can be done online or by calling 562-5969. Cost is \$5 per person and patrons are asked to arrive by 7 p.m. to ensure seating. All off post guests should enter, with current car insurance and registration, through Biggs Gate to obtain a gate pass.

### Gold Star Wives

The Gold Star Wives of America, Inc. El Paso del Norte Fort Bliss Chapter host a luncheon meeting at the Fort Bliss Officer's Club Jan. 25 at 11 a.m. Guest speaker will be Eliva Franco the local Veterans Affairs service officer and Yolanda McKinney, Veterans History Project. Reservations are not required and guests are cordially invited to attend the luncheon. Membership is open to eligible widows. For more information, contact Jeanne Thompson at 598-0981.

### EFMP

The Exceptional Family Member Program is working with the El Paso Rehabilitation Center to offer a 13 week Parent Leadership Academy at Army Community Service, Bldg 2494, beginning Feb. 1. The classes consist of learning many topics related to children with

disabilities. Topics will include: Which laws protect people with disabilities, how to stand up for your child's rights, what you need to consider in preparing your child for adulthood, how might assistive technology help your child with disabilities and how does having a child with a disability affect the family. EFMP's next academy will be held in English and will meet each Thursday afternoon from 1 to 4 p.m. for a period of 13 weeks. Children registered at Child and Youth Services will receive free child care while parent attends these classes with registration. All books and materials will be provided for participants. For more information, call 544-8484 or the EFMP coordinator at 568-3052. Class size and child care is limited. Make reservations early.

### Healthy lunch specials

Start off the New Year on a healthy note. The Centennial and the Officers' Clubs offer a light lunch menu through Jan. 31 to help keep New Year's resolutions. Through tomorrow, the club offers a "lite bite" lunch plate with cottage cheese, fresh fruit and chicken salad pita pocket for only \$5.10. Jan. 22 through 26, try their low fat vegetable lasagna and side salad for only \$5.60. By participating in this promotion, customers get a five punch card for each lunch special they order. They can redeem their card to receive a free all-you-can-eat salad bar at either MWR club location and also enter to win two weeks of free personal training at Stout gym. For more information, call 569-5715.

### USASMA health lectures

Brown Bag lunches will take on a heart-healthy new meaning for the Fort Bliss community beginning mid-January as the U. S. Army Sergeants Major Academy launches phase two of its executive wellness assessments and education program, normally just for students, staff and faculty. USASMA will host the noon-time lectures in the academy's East Auditorium that will educate attendees on the risks of cardiovascular disease and things people can do to help reduce those risks. The entire Fort Bliss community is invited to attend the lectures and encouraged to bring a brown bag lunch. For more information, call 568-

8271.

The following is a list of dates and topics for each noon-time lecture:

- Jan. 19 - Cholesterol: the Good, the Bad, and the Ugly
- Jan. 22 - Label reading, recipe modifications and wrap-up
- Jan. 24 - My pyramid and eating-out
- Jan. 29 - Psychological factors of weight control and overeating
- Jan. 31 - Exercise: impact on health
- Feb. 14 - Hypertension: the silent killer
- Feb. 21 - General exercise prescription
- Feb. 23 - Essentials of aerobic conditioning
- Feb. 28 - Essentials of strength training
- March 2 - Increasing aerobic power
- \* March 7 - Intermediate strength training
- March 9 - Enhancing psychological hardiness in senior leaders
- \*March 21 - Interpersonal behavior
- March 23 - Personal leadership
- March 28 - When it comes to anger or any other negative emotion
- \*The lecture will be taught in the academy west auditorium.

### Employment opportunities

Spouse orientation is given every Monday at 10 a.m. at Army Community Service Bldg. 2494 Ricker Road. Listed below are employment Web sites and available positions at Fort Bliss. SKIESUNLIMITED is looking for instructors for a new Child and Youth Services Program. Instructors with skills and or certifications within one of the following areas: ballet, gymnastics, bowling, karate, golf, piano, voice lessons, drama, acting and dance. This is for children and youth ages 3 and up. They are also looking for "Mommies and Me" classes. A background check must be successful, paid training is mandatory, and the ability to get along well with the youth of our community is a necessity. These will be a contracted position for duration of individual course lengths. For


more information, contact Gabriele Jones Johnson at 569-7732.

Current job openings are currently available in the following areas: receptionist, book-keeping, administrative assistant, data entry clerk, customer service, executive assistant, medical receptionist, legal secretary, private detective, experienced bilingual waiters and waitresses and social service administrator. Applications are now accepted online at [www.aafes.com](http://www.aafes.com) or <http://job.quickhire.com/scripts/aafes.com>. Paper applications are no longer being used. Click on employment, select jobs by location and on the next screen under CONUS select Fort Bliss Exchange. Remember you will be assigned an applicant ID number and you will create your own password. You will need this information to sign back in and update your application. Additional employment Web sites are: [www.military.com/spouse](http://www.military.com/spouse), [www.militaryspousejobsearch.com](http://www.militaryspousejobsearch.com), [www.go-defense.com/dod-links.htm](http://www.go-defense.com/dod-links.htm), [www.ajb.org](http://www.ajb.org), <http://workintexas.com>, [www.dod.jobsearch.org](http://www.dod.jobsearch.org), [www.myarmylife.com](http://www.myarmylife.com), [www.usajobs.gov](http://www.usajobs.gov), [www.cpol.army.mil](http://www.cpol.army.mil), [www.os.dhhs.gov](http://www.os.dhhs.gov), [www.tdh.state.tx.us](http://www.tdh.state.tx.us), [www.ci.el-paso.tx.us](http://www.ci.el-paso.tx.us), [www.co.el-paso.tx.us](http://www.co.el-paso.tx.us), [www.episd.org](http://www.episd.org), [www.utep.edu](http://www.utep.edu), [www.mhmr.state.tx.us](http://www.mhmr.state.tx.us) and [www.blissmwr.com](http://www.blissmwr.com). For current job openings and additional information on available jobs in the El Paso area, contact Shannon Branson at 568-1132.


### Metro Station

The Centennial Club's Metro Station, a nightclub for all enlisted ranks is open Saturday from 10 p.m. to 5 a.m. Admission is free from 10 to 10:59 p.m., and there is a \$5 cover charge from 11 p.m. to 5 a.m. As proponents of Fort Bliss' "Don't Drink and Drive" campaign, the Centennial Club and Metro Station is prepared to assist with courtesy taxi rides to residences off post when necessary.

The new Daytona Triple - the worlds only 3 cylinder middleweight sports bike.  
A bigger engine in a smaller package that delivers massive torque and handling a 250 GP bike can envy.  
The Daytona 675. It's time to get your number on one.



3 is now greater than 4



**MR. MOTORCYCLE** 6020 Gateway East I-10 @ Bassett Place  
779-8500

GO YOUR OWN WAY


## Braces Make Beautiful Smiles.



Today's dental capabilities are amazing. Almost any dental problem can be corrected through the latest orthodontic procedures, regardless of your age. At Affiliated Dental Care, we are specially trained in the newest orthodontic technologies. We offer braces for everyone in your family, from invisible braces for adults to brightly-colored braces for children. Call us or come by today for a consultation. Let us make your smile beautiful.


**Tony Gronich, D.D.S.**  
**Patrick Mitchell, D.D.S.**  
5665 Transmountain  
751-7779

**Office Hours: 8a.m. - 7p.m.**  
We are now a "latex-free" office



**Affiliated Dental Care**  
Caring for your smile  
General Dentistry • Cosmetic Dentistry • Orthodontics • Periodontics

See our ad at Dentists in your Southwestern Bell Yellow Pages.



# speed dating

Meeting new people doesn't have to be intimidating... Mingle with a new friend in a safe, friendly environment every five minutes!

**Centennial Club**  
**Friday, January 26**  
**7 to 11 pm**

Enjoy X-tremely low drink prices, and don't forget your valid ID card.

Visit [www.blissmwr.com](http://www.blissmwr.com), or call 562-5969 to register. \$5 per person. Please arrive by 7pm to ensure seating.

All off post guests should enter, with current car insurance and registration, through Biggs Gate to obtain a gate pass.

Hey Guys! All of the female slots are taken! Sign up now!

